

# Healthy School Food Maryland

## Help Us End Sugary School Breakfasts

February 9, 2016



Healthy School Food  
MARYLAND

### Sugar Bill Hearing February 18th - Parent and Teacher Testimonies, Letters and Calls Needed

Thanks to two parents who took time off from their jobs and kids and came out for our sugar bill hearing in the Maryland State Senate in January, it went well. **Our sugar bill will be heard in the State House of Delegates on February 18th and we need more kind souls to come out to testify.**

So far, we have one parent from Anne Arundel County signed up to testify. We need other counties represented, especially people who aren't from Montgomery County (as legislators love to paint this as MoCo issue only, which we all know it isn't).



If you are a parent who is scandalized by the amount of **sugar in school meals** (from breakfasts, sugary milks and snacks) or a **teacher who has to deal with unruly children who are fed too much sugar** in school breakfasts in the classroom, you'd be perfect to come tell your experience.

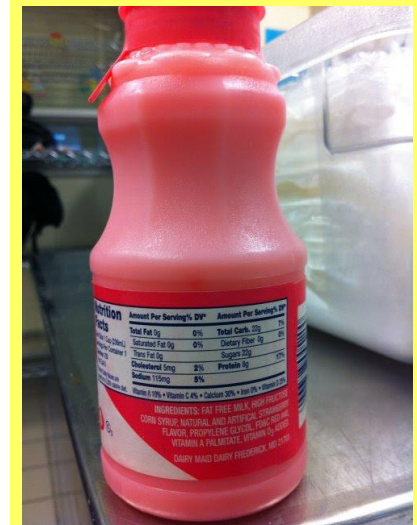


The hearing will take place at 1:00 p.m. and could last as late as 5:00 p.m. It will be held at the House of Delegates building in Annapolis in the Ways and Means hearing room - Room 130. I handle signing you up and making copies of your testimony, etc.

If you can't come in person, but feel strongly about this issue, **we also need written testimonies to support the bill.** If you can do either, please write me, Lindsey Parsons at [info@healthyschoolfoodmd.org](mailto:info@healthyschoolfoodmd.org) to get more details about testifying. Please send your phone number and good times to call. Also, please share this message with other interested parents.



Here is a link for the bill under consideration: <http://mgaleg.maryland.gov/2016RS/bills/hb/hb0528f.pdf>



And finally, **if you want to help but have no more than 2 minutes**, you can just call or email your state legislators to ask them to support our two bills - **Sensible Sugar in Schools Act - HB528/SB65** (HB stands for House Bill, so use that

number with State Delegates and SB stands for Senate Bill, so use that number with senators) and **School Food Transparency Act - HB109**. You can find your state legislators by going to [mdelect.net](http://mdelect.net).

Thanks!  
Lindsey

**Mission:** Healthy School Food Maryland is a coalition of organizations and individuals in Maryland working for whole, real, local and safe foods for children in Maryland school cafeterias.

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